

Germantown Powerlifting Regional Meet

DATE: February 2nd, 2019

PLACE: **Germantown High School**
 W180 N11501 River Lane
 Germantown, WI 53022
Enter through door #10 (ramp next to Fieldhouse)
Park by tennis courts

ELIGIBILITY
 OPEN TO ALL
 HIGH SCHOOL ATHLETES
 13 yrs. to 19 yrs.
 Varsity
 Junior Varsity

DIRECTOR: **Scott Schubert** 262-502-7165
 Email: sschubert@gsdwi.org

TIME: 7:30 – 8:30 a.m. Weigh-Ins and Equipment Check
 9:00 a.m. Lifting begins

ENTRY FEE: \$21.00 Each Lifter
No Team Fee

AWARDS: Medals 1st – 3rd **Varsity Boys & Girls Equipped and Raw divisions**
 Medals 1st – 2nd **Junior Varsity Boys & Girls Equipped and Raw divisions**
 Best Lifter 1st **Boys and Girls Equipped and Raw (By Wilks)**
 Team Trophies 1st **Junior Varsity and Varsity Boys and Girls Equipped and Raw**

WT. CLASS: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, HWT. (BOYS)
 97, 105, 114, 123, 132, 148, 165, 181, 198, 242, 242+ (GIRLS)

RULES: All USAPL & WHSPA Rules Apply

DEADLINE: Postmarked By January 25th (Coaches: please email me a roster by January 28th)

SEND TO: **Germantown High School**
Attention: Scott Schubert
W180 N11501 River Lane
Germantown, WI 53022

MAKE CHECKS TO:
Germantown High School

Name: _____ **School** _____
Address: _____ **Weight Class** _____
City: _____ **Zip** _____
Phone: _____ **Age** _____ **Date of Birth** _____

CIRCLE ONE IN EACH BOX:

MEN	WOMEN	EQUIPPED	RAW
Varsity		Junior Varsity <small>(FR./SOPH ONLY)</small>	

In consideration of your accepting this entry, I, hereby, for myself and/or my heirs release any and all rights and claims for damages against the sponsors, the school, its officials and associated bodies, by reason of injuries or damages which I may sustain in the competition at or resulting from this competition. I am also aware that there will be pictures taken and posted to promote the competition.

Signature of Parent/Guardian (if under 18)

Entrant's Signature
