

Germantown Powerlifting Regional Meet

DATE: February 11th, 2023

PLACE: Germantown High School
W180 N11501 River Lane
Germantown, WI 53022
Enter through Fieldhouse

ELIGIBILITY
OPEN TO ALL
HIGH SCHOOL ATHLETES
13 yrs. to 19 yrs.
Varsity
Junior Varsity
(9th & 10th grade only)

DIRECTOR: Scott Schubert 262-502-7165
Email: sschubert@gsdwi.org

TIME: 7:00 – 8:30 a.m. Weigh-Ins and Equipment Check
9:00 a.m. Lifting begins

ENTRY FEE: \$20.00 Each Lifter
No Team Fee

AWARDS: Medals 1st – 3rd **Varsity Male & Female Equipped and Raw divisions**
Medals 1st – 3rd **Junior Varsity Male & Female Equipped and Raw divisions**
Best Lifter 1st **Male and Female Equipped and Raw**
Team Trophies 1st **Junior Varsity and Varsity Male and Female Equipped and Raw**

WT. CLASS: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+. (BOYS)
97, 105, 114, 123, 132, 148, 165, 181, 198, 242, 242+ (GIRLS)

RULES: All USAPL & WHSPA Rules Apply

DEADLINE: Postmarked By February 3rd (Coaches: please email me a roster by February 6th)

SEND TO: Germantown High School
Attention: Scott Schubert
W180 N11501 River Lane
Germantown, WI 53022

MAKE CHECKS TO:
Germantown High School

Name: _____ **School** _____

Address: _____ **Weight Class** _____

City: _____ **Zip** _____

Phone: _____ **Age** _____ **Date of Birth** _____

CIRCLE ONE IN EACH BOX:

MEN	WOMEN	EQUIPPED	RAW
VARSAITY		JUNIOR VARSITY <small>(FR./SOPH ONLY)</small>	

In consideration of your accepting this entry, I, hereby, for myself and/or my heirs release any and all rights and claims for damages against the sponsors, the school, its officials and associated bodies, by reason of injuries or damages which I may sustain in the competition at or resulting from this competition. I am also aware that there will be pictures taken and posted to promote the competition.

Signature of Parent/Guardian (if under 18)

Entrant's Signature
