



## WHSPA MEET SANCTION FORM

**UNDER NORMAL CIRCUMSTANCES THIS SANCTION FORM SHOULD BE RECEIVED BY THE WHSPA PRIOR TO JANUARY 5TH OF EACH YEAR**

NAME OF PROGRAM HOSTING MEET: \_\_\_\_\_

DATE OF MEET: \_\_\_\_\_

REGION OF MEET (see whspa regions map on whspa homepage) \_\_\_\_\_

LOCATION OF MEET: \_\_\_\_\_

MEET DIRECTOR'S E-MAIL \_\_\_\_\_ PHONE # \_\_\_\_\_

IS THIS AN ANNUAL MEET: YES \_\_\_\_\_ NO \_\_\_\_\_

**Upon completion of your meet, Meet Directors must send a check for \$2 per lifter entered in your meet to the WHSPA at the following address:**

**WHSPA  
DENNIS SMITS, TREASURER  
WISCONSIN HIGH SCHOOL POWERLIFTING ASSOCIATION  
209 HIDDEN RIDGES WAY  
COMBINED LOCKS, WISCONSIN 54113**

**IN ORDER TO HOST A WHSPA REGIONAL MEET YOU MUST FOLLOW THE FOLLOWING GUIDELINES:**

- **Regional Meet Format:**
- **Announcer or overheads must be used**
- **A three to four platform meet set up is recommended**
- **A \$17.00 dollar entry fee for regional meets, \$20.00 on day of meet**
- **A \$20.00 team fee / optional**
- **Meets must be run in Microsoft Excel – The only format to e-mail results that will be accepted**
- **Awards should be 1-3 medals for JV, 1-5 Varsity**
- **Awards for girls will vary depending on the numbers that attend contest**
- **Coaches are encouraged to type and fax there team lineup with name, weight class and category Varsity, JV, or women JV is 16 and under and not of Junior status. Do not fax entry form- It is difficult to read hand writing**