

REGION 5 'LAST CHANCE' STATE QUALIFIER HOSTED BY WATERFORD UNION HIGH SCHOOL



DATE: February 16, 2019

PLACE: Waterford Union High School
100 Field Drive
Waterford, WI 53185
**ENTER THROUGH DOOR 11 (WEST SIDE OF BUILDING)
PARK BY THE TENNIS COURTS**

DIRECTOR: Don Norwick Phone: (847) 652-4903
Email: dnorwick@waterforduhs.k12.wi.us

TIME: 7:00 a.m. School opens
7:30 – 8:30 a.m. Weigh-Ins and Equipment Check
9:00 a.m. Lifting begins

ENTRY FEE: \$21.00
REGISTRATION WILL BE LIMITED TO THE FIRST 90 ENTRIES

AWARDS: NO AWARDS. LAST CHANCE STATE QUALIFIER.

WT. CLASS: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, HWT. (BOYS)
97, 105, 114, 123, 132, 148, 165, 181, 198, 242, 242+ (GIRLS)

RULES: All USAPL + WHSPA Rules Apply

DEADLINE: All entries must be postmarked by Monday February 11th.
Coaches please email your lifter's information by February 11th to expedite the registration process.

SEND TO: Waterford Powerlifting
Attn: Don Norwick
100 Field Drive.
Waterford, WI 53185

MAKE CHECKS TO: Waterford Powerlifting

**ELIGIBILITY
OPEN TO ALL
HIGH SCHOOL ATHLETES
13 yrs. to 19 yrs.**

**Varsity Only Competition
MUST BE 100LBS FROM
QUALIFYING TOTAL!**

Name:		School:	
Address:		City:	Zip:
Phone:	Age:	Date of Birth:	
Circle: FR. SOPH. JR. SR.	Weight Class:	State Qualifying Total for Weight Class:	
Circle: EQUIPPED OR RAW		Circle: VARSITY BOYS or VARSITY GIRLS	

In consideration of your accepting this entry, I, hereby, for myself and/or my heirs release any and all rights and claims for damages against the sponsors, the school, its officials and associated bodies, by reason of injuries or damages which I may sustain in the competition at or resulting from this competition. I am also aware that there will be pictures taken and posted to promote the competition.

Signature of Parent/Guardian (if under 18)	Date
Entrant's Signature	Date