

Independence Powerlifting Meet

This form is for the WHSPA STATE Qualifier ONLY.



DATE: SATURDAY, December 1st, 2018
LOCATION: Independence High School Gymnasium
23786 Indee Blvd
Independence, WI 54747

EVENTS: Squat, Bench Press, and Deadlift / 2 platforms NO BREAKS

AWARDS: Medals for 1st - 3rd RAW & 1st - 3rd Geared. All lifters are Varsity or JV
NO Team Trophies

WT. CLASSES: Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 242, 242+

All USAPL rules concerning lifting procedures and judging for the squat, bench press, and deadlift will be enforced. ALL LIFTERS MUST BE IN A SINGLET. Squat suits or wrestling singlets are required. No bench shirts.

SCHEDULE: 7:00 TO 8:30 WEIGH INS
8:30 RULES MEETING
9:00 LIFTING BEGINS

ENTRY FEE: \$20.00 PER LIFTER PRIOR to Tuesday, Nov 27th, and \$25.00 PER LIFTER AFTER Nov 27 (Step 1 you Pre-Register by completing the Google doc link electronically) (Step 2, sign and complete this entry blank and send with payment.)

DIVISIONS: Varsity: all lifter grades 9—12, junior varsity 9-10.

SEND ENTRY BLANKS TO:

Indee Powerlifting
N34146 Moga Road
Independence, WI 54747

Email: woychikg@gmail.com
Phone: C: (608) 797-1471(call or text)

Independence Powerlifting Meet
MAKE CHECKS PAYABLE TO Indee Powerlifting

NAME (PRINT) _____ AGE _____ Date of Birth _____

ADDRESS _____ CITY _____

STATE _____ ZIP _____ SCHOOL _____

DIVISION: VARSITY (9-12) or JV (9-10)

GENDER: M or F

Lifting IN: GEAR or RAW

GRADE (CIRCLE ONE): 8 9 10 11 12

WEIGHT CLASS FROM ABOVE: _____

Lifter Cell Number: _____

Parent/Guardian Cell Number: _____

RELEASE FROM LIABILITY: READ THIS SECTION VERY CAREFULLY. WHEN YOU SIGN IT, YOU WILL BE GIVING UP IMPORTANT RIGHTS. IN CONSIDERATION OF THE ACCEPTANCE OF MY ENTRY INTO THIS TOURNAMENT, I INTEND TO BE LEGALLY BOUND NOT ONLY FOR MYSELF, BUT ALSO FOR MY HEIRS, MY EXECUTORS, AND MY ADMINISTRATORS. IN SIGNING THIS RELEASE FROM LIABILITY, I WAIVE AND RELEASE INDEPENDENCE PUBLIC SCHOOL DISTRICT AND EVERYONE CONNECTED WITH THIS COMPETITION FROM ANY AND ALL LIABILITY WHICH MAY ARISE FROM THIS COMPETITION.

SIGNATURE OF PARTICIPANT

PARENT/GUARDIAN (IF UNDER 18)